



SUBSTANCE USE PREVENTION PARTNERSHIP

This is the monthly newsletter of the SUPP Coalition. We share information and updates central to our mission: To strengthen our communities to support alcohol and drug free youth in Lincoln County.

SAVE THE DATE

Next SUPP Coalition Meeting: August 15 @ 1pm

HLC ATTENDS OPIATE SUMMIT: TURNING THE TIDE

On July 15th over 1,000 people came together in Augusta for the 1st Annual Opiate Response Summit, hosted by Governor Mills. Turning the Tide: Maine's Path Forward in Addressing the Opioid Crisis was attended by case workers, therapists, recovery coaches, people in recovery, and many others representing numerous professional fields.



The speakers at the summit consisted of people in recovery, clinicians, and law makers from government bodies all over New England, including Senior Governor Advisors for Rhode Island and New Hampshire. Maine was encouraged to use the ideas shared by those in attendance, and to continue communicating across state lines to share information and develop new approaches based on what has been proven successful.

The summit was structured with breakout sessions on topics including substance use prevention, overdose response through community partnership, recovery centers and housing, and many more. Each breakout session featured a speaker that was either in recovery or an affected family member, carrying a message that those affected by substance use disorder are all around us. They are sons and daughters, parents and grandparents, employees and employers, and above all, our neighbors and friends. Many of the speakers from within government and other prestigious professional fields shared their personal stories of substance use disorder and recovery.

We were humbled to be a part of this important summit, and encourage community members to reach out to Healthy Lincoln County to find ways to be involved with the solution.

ALCOHOL TRAINING WRAPS UP FOR THE SUMMER



Responsible beverage seller/server training (RBS) was offered to establishments in Lincoln County in May, June, and July. The trainings, which cover liquor liability, identifying minors to prevent underage sales and much more, were taught by Chief Deputy Rand Maker and Sgt. Mark Bridgham of the Lincoln County Sheriff's Office.

In total, 38 individuals from 15 establishments across Lincoln County completed the training. Businesses interested in hosting or attending an RBS training can [reach out to Healthy Lincoln County](#).

UPCOMING: ALCOHOL PREVENTION CONFERENCE

The 2019 Alcohol Prevention Conference is taking place on Wednesday, August 14th, at Husson University in Bangor. This one-day conference is an educational opportunity for professionals working with young adults, ages 18-25, to understand alcohol use issues in Maine and learn practical skills to apply in local communities.

Registration is still open for this event, with potential registration fee reimbursement for coalition members. [For more information and to register.](#)

SOCIAL MEDIA SPOTLIGHT

In July, Healthy Lincoln County's social media pages have focused on parent education around electronic nicotine delivery systems (ENDS), specifically how to spot devices and talk to your kids about vaping.

We encourage all community members to share our posts to help spread the information far and wide. If you're not already, please follow us on Facebook and Instagram @HealthyLincolnCounty.



VEGGIES: THEY'RE WHAT'S FOR DINNER

As you may know, HLC is also home to several nutrition related programs. We are thrilled to host the Lincoln County Gleaners because it means that we have a constant flow of fresh, local veggies coming in and going out of our office this summer! Stop by our location during the week and help yourself to free veggies! They're always a great addition to your family meals!

Visit our Website

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STAY CONNECTED

